

Amansala Yoga and Wellness Retreat in Tulum, Mexico with Wendy & Molly!
April 20th-26th

Flying into Cancun is the most likely way to arrive. Amansala will send a van to transport you to the resort, which is roughly 1.5 hours away. Once you arrive at the resort you will get checked into your room, and we have dinner scheduled with an opening presentation. Here is the schedule that will begin the following morning:

- Light breakfast of fruit, coffee, and tea.
- Morning yoga.
- Brunch after yoga.
- Afternoon activity of your choice.
- Light snack is served in the afternoon.
- Late afternoon yoga.
- Dinner and cocktails.
- Your choice after dinner, cocktails on the beach, etc.
- RESERVE YOUR TRIP by putting a \$1,500 non-refundable deposit down!
You can Venmo, send Wendy a check, or you can pay with a credit card + credit card fee.

RATES INCLUDE:

- Room
- Breakfast, brunch, afternoon snack, dinner and yoga 2 times daily.
- * Tips for the kitchen and wait staff

*NOT INCLUDED:

- 1 night dinner is not included, so we eat out at a local restaurant.
- Airport shuttle fee
- Alcohol/drinks
- Any spa services
- Any activities, besides yoga
- Airfare

*All of these, excluding airfare, can be charged to your room and paid for at the end of your retreat when you are checking out.

Amansala Rooms

There are limited spots, so please select your room preference so we can book your room at the time you send us your deposit. If you wish to arrive at Amansala before the retreat starts or stay after the retreat ends, Amansala offers a highly discounted room rate. Details to follow and please let us know if you would like to extend your stay.

Beach Front King - (\$575 nightly ,1 person) or (\$360 nightly, 2 people) -**Total (\$4627 for 1 person) or (\$3,1312 per person for 2 people)**

Beach View King- (\$475 nightly, 1 person) or (\$305 nightly, 2 people)- **Total (\$3931 1 person) or (\$2748 per person for 2 people)**

Steps to Sea King- (\$390 nightly, 1 person) or (\$260 nightly, 2 people)- **Total (\$3340 1 person) or (\$2435 per person for 2 people)**

Superior King- (\$475 nightly, 1 person) or (\$305 nightly, 2 people)- **Total (\$3931 1 person) or (\$2748 per person for 2 people)**

Garden View Plus King- (\$390 nightly, 1 person) or (\$260 nightly, 2 people)- **Total (\$3340 1 person) or (\$2435 per person for 2 people)**

Garden View King Great Light Facing Garden- (\$345 nightly) or (\$240 nightly, 2 people)- **Total (\$3027 1 person) or (\$2296 per person for 2 people)**

Garden View Basic King Private- \$295 nightly **Total \$2679 1 person**

Beach view 2 Double Beds- \$295 nightly 2 people **Total \$2679 per person**

Double Room 2 Double Beds - \$260 nightly 2 people **Total \$2435 per person**

***Balance of the retreat is due by March 1. Sorry, but due to the retreat approaching fast, no refunds are given.**

There are so many fun and adventurous activities to do!

- Visit the Mangroves
- Swim at the beach
- Visit the Cenotes and swim
- Ride a bike to the Mayan Ruins
- Rent a moped scooter and tour the area
- Shop the local markets
- Mayan Clay Rituals
- Salsa Dance lessons
- Spa services

Molly and I are so excited to bring you to this incredibly special place. Rejuvenate, relax, explore, meet new friends, practice yoga, and enjoy incredible, healthy local food and drinks!

Please reach out with any questions or concerns. We have planned this retreat with you in mind and can't wait to go!

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Venmo your money to:



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venmo

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